Social Services Helpline for Adults Serves the Whole Pirkanmaa

By phone 03 311 68360 and by chat Mon, Tue, Thu and Fri 9–15, and Wed 12–17:30

The chat opens from the pink speech bubble at the bottom right corner of the pirha.fi website.

Interpretation is available for phone calls.

You can get information about social services, the conditions for receiving them, and support in applying for and using services and benefits.

You can also get help, for example, with housing-related problems and with applying for supplementary and preventive social assistance. If needed, we will book you an appointment with a social welfare professional.

Pirkanmaan hyvinvointialue

Do you have concerns about your own life or that of a loved one? Are you having a difficult situation in life and would like guidance in finding solutions?

Don’t hesitate to get in touch - At the Social Services Helpline, you will be served by social services professionals.