

# **Social Services Helpline for Adults Serves the Whole Pirkanmaa**

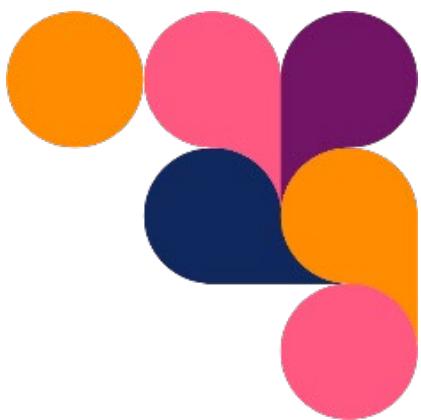
**By phone 03 384 5700 and by chat  
Mon, Tue, Thu and Fri 9:00–15:00,  
and Wed 12:00–17:30**

The chat opens from the pink speech bubble at the bottom right corner of the [pirha.fi](http://pirha.fi) website.

Interpretation is available for phone calls.

**You can get information about social services, the conditions for receiving them, and support in applying for and using services and benefits.**

You can also get help, for example, with housing-related problems and with applying for supplementary and preventive social assistance. If needed, we will book you an appointment with a social welfare professional.



**Pirkanmaan  
hyvinvointialue**

Do you have concerns about your own life or that of a loved one? Are you having a difficult situation in life and would like guidance in finding solutions?

**Don't hesitate to get in touch -  
At the Social Services Helpline,  
you will be served  
by social services professionals.**